

# menu

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Gluten free

Vegan

Flour, egg, meat, fish and dairy products are white sugar and chemical seasoning stuff nonuse for all our dishes.

I have soybeans, nuts and something which uses sesame.  
Please confirm the raw material name in the menu table.

# Lunch box

\* Vegetables may change.

## 1, Germination brown rice

¥864

Germinated brown rice cooked by mixing red beans with germinated brown rice.

Fried vegetables, salad wrap, pickles.

\* Uses soy and sesam



## 4, Hamburger and germinated brown rice

¥1,188

Gluten-free hamburger made of root vegetables, flavored vegetables and beans, and germinated brown rice mixed with red beans.

\* Uses soy and sesam



## 7, Taco rice with nut cheese

¥1,080

Taco meat with ground meat texture with tofu, cream cheese made with cashew nuts, and aurora sauce that goes well with salads. Rice is easy to eat basmati rice.

\* Uses soy and nuts



## 2, Medicinal food rice

¥1,080

Rice cooked using Chen, cloves, pepper, wolfberry, sesame, cinnamon, burdock, and mushrooms used in medicinal meals.

Fried vegetables, salad wrap, pickles.

\* Uses soy and sesam



## 5, Hamburger and medicinal rice

¥1,404

Gluten-free hamburger made of root vegetables, flavored vegetables and beans, and Rice cooked using Chen, cloves, pepper, wolfberry, sesame, cinnamon, burdock, and mushrooms used in medicinal meals.

Fried vegetables, salad wrap, pickles.\* Uses soy and sesam



## 3, Spice pilaf

¥1,080

Spice pilaf fried with a lot of vegetables and basmati rice in original masala.

Fried vegetables, salad wrap, pickles.

\* Uses soy and sesam



## 6, Hamburger and Spice Pilaf

¥1,404

Gluten-free hamburger made of root vegetables, flavored vegetables and beans, and spice pilaf fried with a lot of vegetables and basmati rice in original masala.

Fried vegetables, salad wrap, pickles.

\* Uses soy and sesam



# Curry

## 8, Original spice curry

	Source only	With rice
Curry sauce made with original spice mix, topped with fried tofu slices. It is a curry that you can enjoy the texture of chicken curry.	¥648	¥864

Spicy★★★★☆  
\* Uses soy and sesame



## 9, Vegetable spice curry

	Source only	With rice
It is a curry where you can enjoy the original blend of spices and the taste of many vegetables.	¥756	¥972

Spicy★★★★☆  
\* Uses soy and sesame



## 10, Ayurvedic curry

	Source only	With rice
Based on Ayurvedic ideas, we use a lot of good spices for our stomach and liver. Serve with seasonal vegetables.	¥648	¥864

Spicy★★★★☆  
\* Uses soy and sesame



## 11, Green curry with spinach

	Source only	With rice
Ayurvedic curry with spinach. It is a curry rich in iron. Topped with cheese made of nuts.	¥756	¥972

Spicy★★★★☆  
\* Uses soy, sesame and nuts



## 12, Curry of roasted tofu and beans

	Source only	With rice
It is a curry with ground meat texture with roasted tofu. Tofu and chickpeas are high in protein and fiber.	¥756	¥972

Spicy★★★★☆  
\* Uses soy and sesame



## 13, Brawn sauce rice

	Source only	With rice
Simmered flavored vegetables and combined with tomato sauce. Veggie meat has the texture of meat. A little cinnamon scent.	¥756	¥972

Spicy☆☆☆☆☆  
\* Uses soy



A, Basmati rice

or

B, germinated brown rice (with red beans)

Please choose one.

A,



B,



A large serving is +¥100 .

## Soup

### 14, Ayurvedic soup

¥540

I use plenty of spices, garlic, ginger, and onions that are good for the stomach and liver. The body warms and you can expect a detox effect.



### 15, Soy milk cream soup with cashew nut and salt koji

¥648

A cream soup with cashew nuts as a paste, and salt koji, soy milk, potatoes, cabbage, and carrots.  
\* Uses soy and nuts



### 16, Brawn stew

¥756

Vegetable toppings were added to brawn stew made by simmering flavored vegetables. A little cinnamon scent.  
\* Uses soy



## Side dish

### 17, Quiche

¥540

A quiche baked with tofu, cashew nuts, pumpkin cream sauce and lots of vegetables.  
\* Uses soy, nuts and sesame



### 18, Hamburg steak

¥540

Hamburger with tofu, root vegetables and flavored vegetables. There is a response to eating without using flour, eggs and meat.  
\* Uses soy



### 19, Salad wrap

Half size  
¥864 ¥540

Homemade rice flour and corn tortillas combined with generous salad and fried tofu chips. Seasoned with aurora sauce.  
\* Uses soy and sesame



### 20, Amazake pickles

¥324

Vegetables are pickled in a pickled liquid that combines fermented food amazake and apple vinegar.



### 21, Fried tofu

¥432

Tofu, konjac, garlic and ginger were fried savory.  
\* Uses soy



## Rice flour bread

### 22, Soft rice flour bread

¥648

Rice flour bread made of 100% rice flour fermented with natural yeast.  
\* Uses sesame



### 23, Cashew and maple rice flour bread

¥324

Rice flour bread made by fermenting rice flour and cashew nuts with natural yeast. Maple's gentle sweetness is perfect for snacks as well as meals.  
\* Uses nuts and sesame



### 24, Black bean rice flour bread

¥324

Rice flour bread with black beans kneaded into rice flour fermented with natural yeast. There are plenty of slightly sweet black beans.  
\* Uses nuts and sesame



## Scone and financier

### 25, Chai scone

¥216

Tofu and almond dough mixed with our original spice chai and baked.  
It is a gluten-free scone with a rich fragrance.  
\* Uses soy, nuts and sesame



### 26, Matcha black bean scone

¥216

Tofu and almond dough mixed with green tea and black beans and baked.  
A scone that can enjoy the aroma and taste of matcha.  
\* Uses soy, nuts and sesame



### 27, Blueberry scone

¥216

Tofu and almond dough mixed with Japanese blueberries and baked.  
A scone that combines the sourness of blueberries with the gentle sweetness of the dough.  
\* Uses soy, nuts and sesame



### 28, Chocolate chip scone

¥216

Tofu and almond dough mixed with organic chocolate chips and baked. Contains a lot of chocolate chips.  
\* Uses soy, nuts and sesame



### 29, Financier

¥216

Moist gluten-free financier. It features the fragrant aroma of almonds and cashew nuts, and the gentle sweetness of coconut milk.  
\* Uses nuts and sesame



# Cake

## 30, Baked cheese cake

¥540

A baked cheesecake made by kneading vegetable cheese made from nuts and sake lees into dough.

\* Uses soy ,nuts and sesame



## 34, Apple pie

¥540

Apple pie wrapped in baked apple and cashew nut cream with cinnamon in a dough made of rice flour, corn and nuts.

\*Uses nuts and sesame



## 31, Chocolate cake

¥540

A chocolate cake baked with cocoa and coconut milk.It is a thick cake that you can't imagine as a vegetable cake.

\* Uses soy and sesame



## 32, Matcha cake

¥540

It is a cake like a matcha gateau chocolate.An adult cake that is not too sweet, accented by the aroma of green tea and a bit of bitterness.

\* Uses soy and sesame



# Tea

## 35, Soy milk chai

¥540

Original spice chai and ginger boiled in soy milk.Sweetness is served with sugar beet.Both heart and body warm.

\* Uses soy



# Spice tea and spice mix

## 36, Spices tea

A spicy tea that combines tea and spices in a unique combination.Tea, cardamom, cloves, cinnamon, fennel.

15 bags

¥1,296

5 bags

¥540



## 37, Spices mix

A spice mix that blends spices from South India with an original formula.Min, coriander, turmeric, chili powder, fennel, feneglique, and tour bean.

¥540



Payment method Cash only



080-2400-9659

Enjoy your stay in Japan!

